

To use Medication Card, follow these folding instructions:

1. Fold along the vertical line, with the printed side of the paper facing out. Do not unfold.
2. Fold along the middle horizontal line, so that the RESCUE logo is on the outside. Do not unfold.
3. Fold along the dotted line so that the RESCUE logo is on the outside. Do not unfold.
4. Cut along the two lines around the edges of the card. When finished, trim card as needed.

4. Cut along the edges of the card last.



3. Fold along this line third.

2. Second, fold along this line

1. Fold along this line first.



List of Medications		Medication	Dosage/ No Times a Day	Prescribing Doctor & Phone	Date/No. Refills Left
 www.rorc.research.va.gov/rescue		1.			
		2.			
		3.			
		4.			
		5.			
		6.			
		7.			
		8.			
		9.			
		10.			

Name _____ DOB _____ Address _____ City _____ State _____ Zip _____ Phone Home () () () _____ Work () () () _____ Medicare/Insurance _____ No _____		Diagnoses _____
In Case of Emergency Contact Name _____ Relation _____ Phone Home () () () _____ Work () () () _____		Allergies _____
Important Contact Numbers Contact () () () _____ Contact () () () _____ Contact () () () _____ Contact () () () _____		Over the Counter Medicines _____